



WHL · NEWSLETTER

News from the World Hypertension League (WHL).
A division of the International Society of Hypertension, and in official relations with the
World Health Organization.

No. 132, June 2011

WHL News

Second World Hypertension Congress



(From left to right): Dr. Mehdi Zoghi, Secretary TAHC; Dr. İstemihan Tengiz, President TAHC; Dr. Liu Lisheng, President WHL; Dr. Arun Chockalingam, Secretary General, WHL; Dr. Remzi Önder, Founder President TAHC; Dr. Ertuğrul Ercan, Treasurer TAHC; and Dr. Daniel Lackland, Editor WHL Newsletter.

The World Hypertension League is preparing to host the **Second World Hypertension Congress (WHC2)** in Istanbul, Turkey, **May 2013**. The Turkish Association of Hypertension Control (TAHC) in conjunction with Turkish Society of Hypertension and Renal Diseases and Turkish Society of Hypertension and Atherosclerosis is organizing WHC2 in partnership with WHL. At the 13th scientific meeting of the TAHC at Izmir, Turkey, on May 8, 2011 WHL and TAHC signed an agreement. Following the successful WHC 2009 in Beijing, the WHL and the TAHC expect to have more than 3,000 participants at the WHC2 in 2013 in Istanbul. More details about WHC2 will be provided in the coming weeks.

Dr. Arun Chockalingam
Secretary General, WHL

Note from the Editor

In a relative short period time, numerous accomplishments focused on worldwide hypertension control have occurred. In this issue of the Newsletter, Dr. Arun Chockalingam, WHL Secretary General, reports on the Executive Board meeting in Turkey and the Strategic Planning meeting. As well, World Hypertension Day was recognized throughout the globe and reports describe some of the activities. Several excellent scientific meetings on hypertension control are scheduled for the next quarter.

Future issues of the Newsletter will include feature articles from noted experts on global hypertension and risk factor control issues.

Please let us know of topics of interest as well as ways the Newsletter can be of help to you. We look forward to hearing your thoughts.

Dr. Daniel T. Lackland
Editor, WHL Newsletter

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WHL News

A global hypertension initiative: The Fall meeting of the Council for High Blood Pressure Research of the American Heart Association joins forces with the Inter-American Society of Hypertension and the International Society of Hypertension in Orlando September 2011

This year the Inter-American Society of Hypertension (IASH) will join the Council for High Blood Pressure Research (CHBPR) and Council of the Kidney in Cardiovascular Diseases in sponsoring the Annual Fall Hypertension Conference that will be held in Orlando, Florida on September 19-24, 2011. In keeping with this first-time ever co-sponsorship arrangement, the theme of the meeting will be ***Bridging Basic and Translational Hypertension Research in the Americas***. The IASH and CHBPR leadership have been planning this meeting to produce a unique congress representing the best research in hypertension and associated cardiovascular diseases from all parts of both American continents. The Annual Fall Hypertension Conference has traditionally been viewed as one of the most important meetings on the topic of hypertension and related cardiovascular diseases in the world. A new aspect of the meeting this year is that on Wednesday, which has traditionally been set aside for a single workshop, the plan is to have up to three concurrent sessions on clinical and basic topics related to the overall theme of the meeting. In addition, during the remaining days we will have three, instead of usual two, concurrent sessions. Our hope is to have a fully integrated meeting and there will not be separate Council and IASH sessions. The scientific program will include presentations on a wide variety of topics concerning the causes, consequences, diagnosis and treatment of high blood pressure and related cardiovascular diseases.

One of the many highlights of the program is the jointly sponsored ISH/IASH/CHBPR session that will be organized and run by trainees. This session focuses on the best science of our next generation of hypertension researchers. This truly is a global hypertension initiative that brings together, through our trainees, the members of the ISH, IASH and CHBPR. Moreover many new research and travel awards have been established for the 2011 meeting, which will provide opportunities for students, fellows and new investigators to attend and participate in the

Fall conference. Please plan on joining us for this exciting new venture at the Dolphin hotel in Orlando, Florida.

Rhian M Touyz MD, PhD, FAHA. Chair CHBPR
Luis G (Gabby) Navar PhD, FAHA. President IASH

Greg Fink PhD, FAHA. Vice-Chair CHBPR and Treasurer IASH

(See also calendar on the last page.)

Report from WHL Members



Dr. Daniel Piskorz

The **Argentine Society of Hypertension** was founded in 1992 by clinicians who recognized hypertension as a condition that requires a unique clinical approach with a multidisciplinary team of professionals and specialists. Since conception, the Society has developed a functioning committee, organized scientific education events, constructed a website, and implemented training workshops focused on hypertension. The Argentine Society of Hypertension has become a national reference in this field. This recognition was demonstrated by the high scientific level and large number of participants at the 18th Argentine Congress of Hypertension.

The main objective for the Society is: to increase and strengthen institutional ties with scientific societies that share academic and research hypertension interests. It is for this reason that we invite the World Hypertension League to work jointly with the Argentine Society of Hypertension to build a collaboration focused on education and research initiatives in hypertension.

A handwritten signature in black ink, appearing to read 'Daniel Piskorz'.

Dr. Daniel Piskorz
President
Argentine Society of Hypertension

 **Sociedad Argentina de Hipertensión Arterial**

(See also people section on page 4.)

WHL News

The WHL Executive Board Meeting and WHL Strategic Plan

The WHL Executive Board met in Izmir, Turkey on May 4th to review the status of the WHL and to develop a strategic plan. The Board members focused on the following five major issues and developed a strategic plan for the next five years.



WHL Board members at the 55th Executive Board Meeting at Izmir, Turkey, May 5, 2011.
(From left to right): Xin-Hua Zhang, Lawrence Beilin, Adel Berbari, Graham MacGregor, Liu Lisheng, Daniel Lackland, George Fodor and Arun Chockalingam.
Missing from the picture are:
Anita Rieder, Anthony Heagerty and Stephen Harrap.

Visibility:

- Along with ASH develop “Certification Programs” as a recognized credential for primary care physicians worldwide.
- Strengthen World Hypertension Day activities
- Promote Regional Conferences

• Advocacy:

- Express our support to Global Non-Communicable Diseases (NCD) Alliance for the United Nations High Level Meeting, with a clear focus of hypertension reduction. Since this meeting has salt reduction as one of its five strategies, it would be congruent with our mission.
- Either jointly or as two separate letters the WHL and WASH will send letters to WHO and countries for population-wide dietary sodium reduction.

Goal-oriented Projects (WHL Branding):

- Dr. Fodor’s Worksite hypertension control project, called as Interprevent would be open to all WHL member countries.
- Other projects to be developed.

Partnership: In addition to our existing partnership with ISH, IKF, ISN WASH, and IDF, the WHL will seek partnership with World Heart Federation (WHF) and the Global NCD Alliance.

Sustainability: Board members committed to look for opportunities to enhance the resources available for the WHL.

On May 5, 2011 the 55th WHL Executive Board meeting took place where the Strategic Plan was ratified and certain timelines were drawn. The Full Strategic Plan will be made available to the WHL Council through our website. The Board members joined the 13th Annual Scientific meeting of the TAHC on May 6 and 7, 2011. The WHL jointly with TAHC hosted a special symposium on May 7th in which Drs. Lawrie Beilin, Adel Berbari, Arun Chockalingam, George Fodor, Daniel Lackland and Graham MacGregor offered scientific presentations.

Dr. Arun Chockalingam
Secretary General, WHL

WHD 2011

Some impressions from WHD 2011



Dr. George Bakris, President of the American Society of Hypertension discusses the importance of high blood pressure control in Ireland.



Hypertension clinicians and researchers show their support of WHD on the streets of Dublin, Ireland.

People

The **Argentine Society of Hypertension** has elected new officers for the period 2011-2013: Dr. Daniel Piskorz (President) and D. Fernando Filippini (Secretary General). The mailing address is: Sociedad Argentina de Hipertensión Arterial, Lavalle 2762 4° “32”, C1190AAB-Ciudad Autónoma de Buenos Aires, Argentina.

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Electronic Newsletter Delivery



<http://www.worldhypertensionleague.org>

Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

Board Officers:

Dr. Liu Lisheng (Beijing, China), President
Dr. Lawrence Beilin (Perth, Australia), Vice-President
Dr. Arun Chockalingam (Washington, DC, USA), Secretary General

Members:

Dr. Adel E. Berbari (Beirut, Lebanon)
Dr. J. George Fodor (Ottawa, Canada)
Dr. Graham MacGregor (London, UK)
Dr. Bruce Neal (Sydney, Australia)
Dr. Anita Rieder (Vienna, Austria)
Dr. Xin-Hua Zhang (Hong Kong)
Dr. Daniel T. Lackland (Charleston, SC, USA), Editor WHL Newsletter

ISH Representation:

Dr. Stephen Harrap (Melbourne, Australia)
Dr. Tony Heagerty (Manchester, UK)

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Calendar

Annual Fall Hypertension Conference of HBPR & IASH: Bridging Basic and Translational Hypertension Research in the Americas

September 19-24, 2011

Orlando, FL, USA

Information: AHA, 7272 Greenville Ave.
Dallas, TX 75231, USA

E-mail: scientificconferences@heart.org

E-mail: iash@iashonline.org

Website:

<http://my.americanheart.org/professional/Sessions/HBPR>

34th Annual Scientific Meeting of the Japanese Society of Hypertension

October 20-22, 2011

Utsunomiya City, Japan

Information: Dr. K. Shimada, Cardiovascular
Medicine Div., Jichi Medical University

3311-1, Yakushiji, Shimotsuke

Tochigi 329-0498, Japan

Fax: (+81-285) 44-4311

E-mail: 34jsh@convention.co.jp

6th Central European Meeting on Hypertension & XXVI Slovak Congress of Hypertension

October 22-25, 2011

Bratislava, Slovak Republic

Information: FARMÍ-PROFI, spol. s r.o.

Fax: (+42-1) 2-6446-1487

E-mail: idlbekova@farmi-profi.sk

Website: <http://www.hypertenzia.org>

3rd World Health Summit “Today’s Science – Tomorrow’s Evidence”

October 23-26, 2011

Berlin, Germany

Information: Organizing Office

Fax: (+49-30) 246-03200

Website: <http://www.worldhealthsummit.org>

WHL Regional Congress “Hypertension Management – From Bench to Bedside and Community” and 13th International Symposium on Hypertension and Related Diseases

November 3-6, 2011

Beijing, China

Information: Dr. Liu Lisheng

Website: <http://www.whlrc2011.com>