



# WHL · NEWSLETTER

News from the World Hypertension League (WHL).  
A division of the International Society of Hypertension, and in official relations with the  
World Health Organization.

No. 131, March 2011

## Note from the Editor

Dear Colleagues:



Daniel T. Lackland

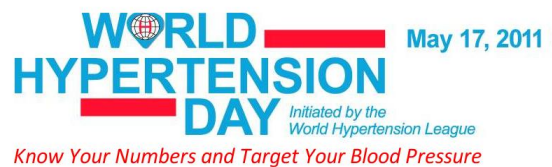
It is with sincere pleasure for me to assume the responsibilities as Editor of the WHL Newsletter. I appreciate the opportunity to work with Ms. Erika Pisch, our Editorial Assistant, and I am honored to follow the leadership of Dr. Anja Kroke as editor and her leadership.

Our desire is that the Newsletter will be a useful source of information for worldwide control of high blood pressure. To this end, this issue includes a description of hypertension specialist credential and fellow designation for clinicians and researchers involved in high blood pressure control; calendar of upcoming hypertension-related meetings; people in the hypertension news; World Hypertension Day 2011, and the celebration of the 70<sup>th</sup> birthday for Professor Detlev Ganten. As the Newsletter is meant to be a valuable resource to you, Erika and I would be pleased to learn of your thoughts regarding the Newsletter and future hypertension-related topics. We look forward to hearing from you.

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Editor, WHL Newsletter

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## World Hypertension Day 2011



Since 2005 the WHL is hosting the World Hypertension Day every year on May 17<sup>th</sup>.

In spite of our global efforts, hypertension still remains the major risk factor and continues to affect more and more people in every part of the world. The WHL members should engage in promoting public awareness of high blood pressure and ways to control them.

Like in the previous year(s) we are grateful to have the collaboration of World Kidney Day (WKD), International Society of Hypertension (ISH), International Diabetes Federation (IDF) and the World Action on Salt & Health (WASH).

See also poster on page 2.

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## WHL News

### Hypertension & Cardiovascular Health Introduction of a professional recognition program

Most clinical specialists are identified and associated with a specific organ of focus, such as cardiologists, nephrologists, neurologists, otolaryngologists, etc. These designations allow patients to identify a clinical area for diseases and conditions, and clinicians are able to define referral patterns. However, conditions such as hypertension affect multiple organs and are treated by numerous clinical specialists. With the high prevalence in the population and the multiple organs affected, the majority of patients with hypertension are diagnosed and managed by family medicine, internal medicine and primary care clinicians. The complexity of the high blood pressure “treatment system” justifies the need for a clinical specialist associated with hypertension. The treatment of high blood pressure is further complicated by common problems associated with diagnosis and treatment. Included in the common conditions are white coat and masked hypertension; adverse interactions of medications; refractory or resistant hypertension; secondary causes of hypertension; and high-risk and complicated hypertension. These conditions complicate the control of elevated blood pressure in the population. The American Society of Hypertension (ASH) recognizes excellence in high blood pressure management with the *Hypertension Specialist* credential and the *Fellow of the American Society of Hypertension*. The European Hypertension Society (ESH) is implementing a similar system of recognition.

The *Hypertension Specialist* is an examination-based credential for physicians from all clinical areas and specialties including primary care, and was initiated in 1998. The credential is recognized for 10-years and recognizes physicians with expertise in the management of hypertension. In addition, these clinicians act as regional and local consultants for the more complex and difficult-to-treat patients. There are nearly 1,500 practicing physicians with the credential. The *Fellow of the American Society of Hypertension (FASH)* is a designation recognizing the clinical and/or research contributions to the field of hypertension. The *FASH* identifies a commitment to excellence in the treatment and management

of hypertension as well as the identification of research findings that have affected the control of high blood pressure. Both, the *Hypertension Specialist* and the *FASH*, include dedicated individuals committed to high blood pressure control through clinical practice and research. Further, these designations identify individual clinical practitioners and research investigators with a particular expertise and focus on hypertension. Such identifications could be used for referrals of complicated hypertension cases as well as collaborators for high blood pressure research projects.

The ultimate rationale for the creation and implementation of the *Hypertension Specialist* credential and the *FASH* designation is the improvement of hypertension control and the reduction of the hypertension burden in the populations. Future studies will assess the impact of such designations on the advancement high blood pressure management.

See also 26<sup>th</sup> annual scientific meeting and exposition of the ASH on page 4 (calendar section).

Dr. Daniel T. Lackland  
Editor, WHL Newsletter



WHD 2011 continued

initiated by the World Hypertension League

**WORLD HYPERTENSION DAY** MAY 17, 2011

World Hypertension League

**know your numbers  
target your blood pressure**

sponsored by: WASH, ISH, NOVARTIS

For More Information:  
www.worldhypertensionleague.org

www.idf.org • www.worldactiononsalt.com • www.worldkidneyday.org • www.ish-world.com

Poster WHD 2011

## WHL News

### Detlev Ganten Celebrated 70<sup>th</sup> Birthday



Detlev Ganten

*'If you want peace and understanding in this world, you have to know the needs of other people'.*

Ganten, *Lancet* 2005;366:541.

Dr. Detlev Ganten, Second President of the World Hypertension League (1990-1995) celebrated his 70<sup>th</sup> Birthday in Berlin, Germany on March 28, 2011

*As a research scientist in the field of hypertension, Professor Ganten elucidated fundamental mechanisms of the pathophysiology and molecular biology of high blood pressure. His area of research include the hormonal regulation of blood pressure, especially the renin-angiotensin system, and the molecular genetics of cardiovascular diseases. After 18 years as the Professor of Clinical Pharmacology at University of Heidelberg, he took on the challenge of Founding Director and president of the Max Delbrück Center for Molecular Medicine (MDC) Berlin-Buch (1991-2004), which he elevated to be one of the high ranking research institutions in the world. In 2004 he accepted even a bigger challenge as the President and CEO of Berlin's prestigious Charité University Medical Centre, one of Europe's oldest and largest medical school and hospital with 3,500 beds, 2 Campus in former West – and 2 Campus in former East-Berlin and an annual budget above €1 billion. After successfully accomplishing the mission at the end of his term in 2009, he became the Chairman of the joint Board of Trustees of the Max Planck Institute of Colloids and Interfaces and of the Max Planck Institute of Molecular Plant Physiology, in addition to his responsibilities as the Chairman of the Board of the Charité Foundation.*

Dr. Ganten was one of the founding fathers of the WHL. During his presidency Dr. Ganten stabilized the WHL as a viable international organization. He established the WHL Newsletter in 1988 and continuously found sources and resources to keep the League in good stead. The highlight of his presidency was the First World Conference on Hypertension Control, held in Ot-

tawa, Canada June 21-24, 1995. Dr. Ganten is the only person in the history of the International Society of Hypertension (ISH) to host the ISH Biennial Scientific meeting twice (first in Heidelberg in 1986; second in Berlin 2008) both ending up in a highly successful note.



*President Ganten with Madam Marleau, Minister of Health, Government of Canada and his mentor Jacques Genest and the World Conference on Hypertension Control President Arun Chockalingam, June 21, 1995, Ottawa, Canada.*

Dr. Ganten is the founding president of the World Health Summit, an annual gathering of global scientific leaders in Berlin since 2009. "The WHL made extraordinary strides due to Dr. Ganten's vision" says Dr. Liu Lisheng, President of WHL. "We owe a debt of gratitude to Professor Ganten for his global commitment to hypertension detection, prevention and control; particularly to his public health vision through the WHL" says Dr. Arun Chockalingam, Secretary General of the WHL.



*Ganten with the Executive Board of WHL, Milan 2007 (from left to right: Anja Kroke, Peter Sleight, Arun Chockalingam, Mohsen Ibrahim, Liu Lisheng, Detlev Ganten, George Fodor, Joerg Poetzsch, Patrick Mulrow, Lawrence Beilin).*

The President, Executive Board and the Council of the WHL extend their warmest greetings to Dr. Ganten for many more happy returns of his birthday and wish him to have energy.

Dr. Arun Chockalingam  
Secretary General, WHL

## People

The correct e-mail address of the **British Hypertension Society** is: [bhs@le.ac.uk](mailto:bhs@le.ac.uk) ■

The **Hellenic Society of Hypertension** has elected new board members: Dr. A. Manolis (President), Drs. P. Toutouzas, N. Lefkos, V. Votteas, A. Lazarides, C. Zamboulis (Vice Presidents) and G. Stergiou (General Secretary). The address: 111, Vas. Sofias Ave., 11527 Athens, Greece.

Tel.: (+30-210) 646-9358

Fax: (+30-210) 640-0767

E-mail: [gramatia@hypertasi.gr](mailto:gramatia@hypertasi.gr) ■

### Electronic Newsletter Delivery



<http://www.worldhypertensionleague.org> ■

### Impressum

The objectives of the WHL are to promote the detection, control and prevention of arterial hypertension in populations. The World Hypertension League (WHL) is a federation of leagues, societies and other national bodies devoted to this goal. Individual membership is not possible. The WHL is a division of the International Society of Hypertension (ISH), and is in official relations with the World Health Organization (WHO).

#### Board Officers:

Dr. Liu Lisheng (Beijing, China), President  
Dr. Lawrence Beilin (Perth, Australia), Vice-President  
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Dr. Xin-Hua Zhang (Hong Kong)  
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## Calendar

### Annual Meeting of the Turkish Association of Hypertension Control

May 6-8, 2011

Izmir, Turkey

*Information:* Kıbrıs Şehitler Caddesi 1441 Sok. 2/13 Alsancak-Izmir, Turkey

Fax: (+90-232) 422 4777

Website: <http://www.hiperder.org/en/>

### 26<sup>th</sup> Annual Scientific Meeting of the American Society of Hypertension

May 21-24, 2011

New York City, NY, USA

*Information:* ASH 2011 Registration

779 E. Chapman Rd., Oviedo, FL 32765, USA

Website: <http://regmaster.com/conf/ash2011.html>

### 21st European Meeting on Hypertension

June 17-20, 2011

Milan, Italy

*Information:* Aim Group – AIM Congress  
Via Flaminia 1068, 00189 Rome, Italy

Fax: (+39-06) 2332 5630

E-mail: [esh2011@aimgroup.eu](mailto:esh2011@aimgroup.eu)

### 13<sup>th</sup> International Symposium of Hypertension and Related Diseases

November 4-6, 2011

Beijing, China

*Information:* Dr. Liu Lisheng

Website: <http://www.bhli.org.cn>

### 8<sup>th</sup> Asian-Pacific Congress of Hypertension 2011

Taipei, Taiwan

November 24-27, 2011

*Information:* Mr. Nac GAO, 4<sup>th</sup> Fl., No. 158  
Jingye 1<sup>st</sup> Road, Taipei 10462, Taiwan

Fax: (+886-2) 8502 7025

E-mail: [secretariat@apch2011.tw](mailto:secretariat@apch2011.tw)

### 4<sup>th</sup> International Conference on Fixed Combination in the Treatment of Hypertension, Dyslipidemia and Diabetes Mellitus

December 1-4, 2011

*Information:* Fixed 11 Secretariat, 18, Ave  
Louis-Casai, 5<sup>th</sup> Fl., 1209 Geneva, Switzerland

E-mail: [fixed2011@paragon-conventions.com](mailto:fixed2011@paragon-conventions.com)